

## GymSTART Level 2 Learning Agreement

**Below please find the Gymnastics Ireland Learning Agreement for candidates when attending a Level 2 GymSTART Coaching Course.**

1. It is the responsibility of all candidates to familiarise themselves with a Gymnastics Club/Class environment before starting their course.
2. Candidates must attend all dates for the course & assessment.  
The Level 2 Course Programme is 4 days:  
Day 1 & 2 Common Core - Theory  
Days 3 & 4 - Sports Specific Practical  
Day 5 - Theory and Sports Specific Level 2 Assessment Day
3. It is the responsibility of the candidate to bring or organise gymnasts/demonstrators for their Sports Specific Practical days 3 & 4, minimum of 1 x demonstrator for course.
4. It is the responsibility of the candidate to bring or organise gymnasts/demonstrators for their Sports Specific Practical Assessment, minimum of 3 x demonstrators for assessment.
5. It is the responsibility of all candidates to find a mentor coach. It is highly recommended that all candidates try to locate a mentor coach before attending the course.
6. When looking for a mentor coach, candidates should consider the following:
  - Be someone you respect and who respects you and is willing to contribute to your long-term development as a coach.
  - Commit to taking responsibility to support you, to finalise your mentored tasks in accordance with the principles and regulations as stated in your logbook.
  - Be an experienced coach who is competent in providing you with feedback and advice throughout your mentored tasks.
  - Be the holder of a recent GI Coach Qualification in the discipline or GymSTART, one level above the level of course level you are attending (Club Coach/Level 2).
  - Help you with the provision of gymnasts during your course, your mentored tasks and your practical assessment.
  - Ideally, be formally recognised and supported by your club for taking up the role as your mentor. More clubs are putting the formal organisation of mentoring for their coaches in their club higher on the agenda, as an important and valuable investment to the future of the club. Gymnastics Ireland is recognising this as best practice. If mentoring in your club is not yet formally on the agenda, you could discuss this with your head coach or club representative about any support they could put in place for you.
7. All candidates will be required to work within a club/class situation with their mentor coach during and following the completion of their course and in preparation for their Assessment.
8. It is the responsibility of all candidates to bring their logbooks completed and signed on the day of assessment.